

March 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 TGIF Coffee 1000 Military Saves Week	2 Annual Awards Military Saves Week
3  A&FRC Facebook		5 GK Playgroup (GAP) 1000-1130 Smooth Move 1230-1630 FRG Trng 0930-1430 Volleyball Comp. 0900-1300	6 PREP 1730-1930 Anger Management 1630-1800 Next 3 WKS	7 Play Morning 10-1130 Sponsorship Trng 1000-1130 BINGO AIS Cafeteria 1800 AFTB LVL 1 Trng 0930-1500	8 AFTB LVL 1 Trng 0930-1500	9 Park & Sell U.S. Clinic parking lot 1000-1300
10 APP of the Month-Language 	11 SNCO Crosstalk	12 GK Playgroup (GAP) 1000-1130 TAP -0900-1600	13 Bundle For Babies 1300-1630 PREP 1730-1930 Anger Management 1630-1800 TAP -0900-1600	 Geek Squad. 1100-1300 Play Mornings 1000-1130 TAP -0900-1600	15 GK Aluminum Chef 11-13 at A&FRC 10 Steps to Feb Job 0930-1230	16
17 St Patrick's 	18 Bullet Writing 11-1230 NSU Conf. 19 March	19 GK Playgroup (GAP) 1000-1130 Lunch-N-Learn 1100-1200 Med Right Start 1300-1400 Dutch Pro Basketball Weert 1830	20 Commander's Intro 8-16 Smooth Move 10-1130 Sponsor Trng 14-1530 PREP 1730-1930 Anger Management 1630-1800 PCS Brief for Junior Enlisted 1130-1230	21 Play Mornings 1000-1130 Culture College 0830-1630	22 GK Walking Tour 9-12 Culture College 0830-1630 Hearts Apart AIS 1130-1330 Parents' Night Out CDC 1800-2300 Friday Night Party 6-9pm	23 Kinderfest JFC Sport Field 10-13
24 AFNorth Spring Break Mar 25 - Apr 5	25 AFSA Lunch 1200-1300 Snow White 10-12 NCO Crosstalk HSI AIS Closed	26 GK Playgroup (GAP) 1000-1130 Financial broadening 1130-1230 AIS Closed	27 Heinsberg Hospital Tours 1800 at Hospital Credit Score & Reports 1100-1230	28 Play Mornings 1000-1130 Enlist. Pro 1530 AIS Closed	29 MALGRAT DE MAR SPAIN Good Friday GK Closed AIS Closed	30 BaseBball/Softball Clinic 9-6pm
31 Day Light Savings Easter SUNDAY	Easter Sunday Brunch 11-12 E3A Club Reserve 1200 Egg Hunt	ACS Announces New Hours - ACS is now open Monday – Friday, 8:30 am – 4:30 p.m. ACS is located in Building 39, Schinnen.				



- GK/● Airman & Family Readiness Center: 458-6015
- Schinnen ● Army Community Service: 360-7500
- Geilenkirchen Chapel: 458-6004
- JFC Brunssum Chapel: 0031-45-526-2940
- Mental Health Clinic: 458-3378
- International Conference Center ICC 045-526-2907

- Geilenkirchen CDC: 458-6017
- JFC Brunssum CDC: 0031-45-526-2575/3004
- IYA: 02451-63-4954/4955
- Health Promotions: 458-3386
- AFNORTH INT. School (AIS) 045-527-8263/8261MH/8251E



March 2013

WOMEN'S ANGER MANAGEMENT CLASSES
 MARCH 13 & 20
 4:30PM-6:30PM



Discover the power to learn how to manage anger for a healthier mind and improved mood and relationships.

CALL TODAY TO RESERVE YOUR SPOT AND PAY FOR THE COURSE!
 JANE BOWEN-GARDNER
 JANE@COMMUNITYSERVICES.MWR.MIL




BINGO NIGHT
 7th of March from 6pm-9pm
 in the AFNOR Cafeteria



Prizes include cell phone, cash, and more!

You could win an iPhone 4S (subject to availability)

Open to all U.S. and NATO ID card holders and their guests
 USAG BENELUX - Schinnen FMWR Trips & Tours

Day trip to **Paris**
Sat 16 March

\$75
 Sign up deadline is 9 March



For more information call the Schinnen Process Center
 ODN 300-7561 / Com 443-7361

Parent's Night Out
 For Children ages 6-12

Enjoy a night out while CIVIC take care of your children

MONTH	HOURS OF GAME	ADULT PRICE
January 18th	8:00 p.m. - 11:30 p.m.	January 18th
February 22nd	8:00 p.m. - 11:30 p.m.	February 22nd
March 22nd	8:00 p.m. - 11:30 p.m.	March 22nd

OPEN TO ALL US AND NATO ID CARDHOLDERS. 18+ ONLY with valid ID. Children must be registered with CIVIC. Cash to \$25 per 1800, each additional child \$10. 20% discounts for cash. Cash to be used at 211 Schinnen 4100, MWR. To register contact Parent Control Services, 111-01-44-226-1111 or 111-01-44-226-1111 to make your reservation. Please see your instructions. Head of Base if children unable to attend the event. If you think it will not work out, contact the CDR, Theater.

TEXAS HOLD'EM
 For All Ages

When: 3rd & 6th Friday of the month
 Where: 2nd Conference Center
 Time: 1900 hrs. Cash to 1800
 Registration: 1815 to 1850
 Cash: \$20
 What: \$20/\$40/\$60/\$100/\$200

For further information: 434-0142-3008
benelux.af.mil/afmwr

USAG Benelux - Schinnen Child, Youth and School Services and Mission Children's Theater is proud to present

SNOW WHITE & The Seven Dwarfs

Mission Children's Theater

Address: Monday 12 March from 10 a.m. - 12 p.m. at the JFC Brunssum Alliance Theater

Volleyball competition
 Mixed Or Not 4 aside
 5th March 2013 (0900-1300)
 JFC HQ Fitness Centre



Reschedule your time at the JFC Fitness Centre to participate in the Volleyball Competition. Competition is dependent on the number of participating teams.

Evening Spinning Classes
 Every Tue and Thur
 Starting 05 Mar 13 (1800 - 1900)

Call Ext 3170 to make a same day reservation



SPINNING

Kinderfest & Easter Egg Hunt 

The 2013 Tri-Border Kinderfest and Easter Egg Hunt will be held Saturday 23 March at the Sports Fields of HQ JFC Brunssum. The event gets underway at 10 a.m. with the following Egg Hunt times: 10:15 for kids under three; 10:30 for 4-6 year olds; 10:45 for 7-9 year olds; 11 a.m. for the ages 10+ scavenger hunt. Hunts begin promptly, so please be on time and don't forget to bring your basket. The event includes children's activities, rides, games and a BBQ. The cost will be 2 Euro per child. Call 31(0)45-443-7370 for more information.

Geilenkirchen's Aluminum Chef

Please join us for a cooking Competition!
 15 Mar 2013 @ 1100-1300 AFRC classroom
 Team up with your friends, or pit yourself against them!
 Sign up at AFRC by 13 March for full list of rules
 Only 4 team spots are available! (up to 4th year)

Sponsored by GE Health Promotion Office





Catch all the action with
Dutch Pro Basketball
 Including U.S. players

Tues 19 March
 Weert plays Leiden at Weert
 Bus departs 6:30 P.M.
 Game starts 8:00 P.M.

\$25 Includes roundtrip bus and entrance.

Sign up by 12 March
 For more information call the Schinnen Process Center
 ODN 300-7561 / Com 443-7361




BULLET WRITING CLASS

- When: MARCH 19, 2013 from 11:00-12:30
- Where: NSU Conference room
- Lunch will be provided
- SMSgt Clore will be instructing the class
- RSVP to MSgt Bouchard
 - jason.bouchard@us.af.mil
 - jbouchard@e3a.nato.int






A&FRC Facebook

April 2013



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 GK Closed Easter Monday	2 GK Playgroup (GAP) 1000-1130 Smooth Move 1230-1630	3 First Term Brief 0930-1100	4 470 Sq Trng 12-1700 Sponsorship Trng 1000-1130	5 TGIF Coffee 1000	6
AIS Closed 25 Mar—5 Apr / Spring Break Getaway						
7	8 Five DayTAP 0830-1630	9 Five DayTAP 0830-1630 GK Playgroup (GAP)1000-1130	10 Five DayTAP 0830-1630 Become Debt Free 11-12	11 Five DayTAP 0830-1630 Veteran Affairs Briefing 0830-1230	12 Five DayTAP 0830-1630 SNCO Breakfast	13 Keukenhof Trip Park & Sell U.S. Clinic parking lot 
14	15	16 GK Playgroup (GAP) 1000-1130 Lunch & Learn 1130-1230 Parenting Skills for Single Service Mbrs Med Right Start 13-14 Interviewing Tips 1000-1130	17 Commander's Intro 0800-1600 Smooth Move 1000-1130 Sponsor Trng 14-1530 PCS Brief for Junior Enlisted 1130-1230	18 Intro to SOCKS 1000-1130	19 GK Walking Tour 9-12 Friday Night Party 6-9pm	20
21	22	23 GK Playgroup (GAP) 1000-1130 Financial Broadening 1130-1230	24 Heinsberg Hospital Tours 1800 at Hospital	25	26 Hearts Apart AIS 1130-1330	27 Labor, Birth & Beyond 1000-1600
28 Labor, Birth & Beyond 1000-1600	29 AFSA Lunch 1200-1300	30 GK Playgroup (GAP) 1000-1130 AIS Closed Queen's Day				

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- Geilenkirchen CDC: 458-6017
- JFC Brunssum CDC: 0031-45-526-2575/3004
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- AFNORTH INT. School (AIS) 045-527-8263/8261MH/8251E



April 2013

E-3A Club

Easter Brunch

Sunday, 31 March 2013
11.00-14.00 hrs

12.00 hrs Egg-hunt

MWA Member: € 13.00

Non MWA Member: € 18.00

Reservations required!

Tel. 02451-63-4990/1



USAG BENELUX - Schinnen F&MWR Trips & Tours

Day Trip To The World Famous

Keukenhof Gardens

Saturday 13 April

Round trip on a luxury motor coach
Price includes entrance into the Gardens.

Adults \$59

Children 4-11 \$55

Children 0-3 \$45

For more information call the Schinnen Fitness Center
DSN 360-7561 / Com 046-443-7561
usarmy.schinnen.mcom-europe.fat.schinnen-fc@mail.mil

Register with full payment by 6 Apr
Open to all U.S. and NATO ID card holders and their guests



GEILENKIRCHEN CO-ED TRI-BORDER BASH

April 19-21

Maximum 10 teams
Fields located behind NATO Gym

- *Food and drinks for sale all 3 days.
- *Camping available on base near softball fields.
- *Each player on 1st & 2nd place teams will be awarded medals.
- *Entry Fee: 150 euro per team

Teams must consist of 5 guys and 5 girls. Line up has to be guy-girl. At least 2 girls outfield, 2 in the infield and either the pitcher/catcher has to be a girl.

Contact Erica Taylor @ erica.taylor@usagbenelux.mil or Mike Longoria @ mike.longoria@usagbenelux.mil for any information.

NAVY ENTERTAINMENT & ARMED FORCES ENTERTAINMENT PRESENT

Free Show



Wednesday 10 April

6 P.M. at the Schinnen Activity Center

For more information call F&MWR Special Events

DSN 360-7370 / Comm 046-443-7370

Open to all U.S. and NATO ID card holders and their guests



For a tasty meal, the Pin Point Cafe (located in the Bowling Center) will be open both before and after the show.

The Youth Center on JFC Brunsum is pleased to announce

Late Fridays

Friday Night Party!

• 22 February • 22 March • 19 April •
6:00pm - 9:00pm

Join us for music, fun,
games and free food!
Guaranteed to be a good time!

Open to all eligible US and NATO
youth in grades 6-12 registered with CYSS.
For more information please call
DSN: 364-3008 or
Civilian: +31(0)45-526-3008



Emission Decals

Many cities in Germany require
vehicles to have an **emission decal**.



Decal is placed in the
**BOTTOM, PASSENGER-SIDE
corner of the windshield**

Areas requiring the
decal are marked with
this sign



Not having a decal in a
required zone can result in
a 40€ fine!

To obtain an emission decal, visit the 52F W Vehicle Registration Office, BLD 127- Room 206.
Walk-in Hours: Mon, Wed, Fri: 0745-1530 Appointments: Tue, Thur: 0745-1530
To make an appointment, call DSN 452-5929.



ACS Announces New Hours - ACS is now open Monday – Friday, 8:30 am – 4:30 p.m. ACS is located in Building 39, Schinnen.



A&FRC Facebook

May 2013

West Gate ("back")
0530-0930
1130-1900
 Closed Weekends & Holidays

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	29	30 GK Playgroup (GAP) 1000-1130 Smooth Move 1230-1630 AIS Closed Queen's Day	1 GK Closed	2 Sponsorship Trng 1000-1130	3 TGIF Coffee 1000 Tri-Border Volunteer Recognition Ceremony 1200-1400	4
5	6	7 GK Playgroup (GAP)1000-1130	8 Heartlink 0900-1500	9 AIS Closed GK Closed	10 AIS Closed	11
12	13	14 GK Playgroup (GAP) 1000-1130 Lunch & Learn 1130-1230 Parenting Skills for Single Service Mbrs	15 Commander's INTRO 0800-1600 Smooth Move 1000-1130 Sponsor Trng 14-1530	16 Intro to SOCKS 1000-1130	17 Key Spouse Trng 0900-1100 GK Walking Tour 0900-1200	18
19	20 AIS Closed GK Closed	21 GK Playgroup (GAP) 1000-1130 Financial Broadening 1130-1230	22	23	24	25
26	27 AFSA Lunch 1200-1300	28 GK Playgroup (GAP) 1000-1130	29	30 GK Closed	31	

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TRI-BORDER COMMUNITY CALENDAR

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JUNE 2013

TRI-BORDER COMMUNITY CALENDAR

Sun Mon Tue Wed Thu Fri Sat

						1
2	3	4 GK Playgroup (GAP) 1000-1130 Smooth Move 1230-1630	5	6 Sponsorship Trng 1000-1130	7 TGIF Coffee 1000	8
9	10	11 GK Playgroup (GAP) 1000-1130	12	13	14	15
16	17	18 GK Playgroup (GAP) 1000-1130 Lunch & Learn 1130-1230 Parenting Skills for Single Service Mbrs	19 Commander's INTRO 0800-1600 Smooth Move 1000-1130 Sponsor Trng 14-1530	20	21	22
23	24 AFSA Lunch 1200-1300	25 GK Playgroup (GAP) 1000-1130	26	27	28	29
30						



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Every Month

GK In-processing VAT Office, Finance Office, and Housing at the NSU Conference Rm from 0900-1200 every Thursday!

Smooth Move (GK) A&FRC

A Smooth Move workshop will be held on the first Tuesday of the month, 1230 – 1500, at the GK A&FRC. Experts will be on hand from Legal, Housing, TMO, Medical Clinic, Post Office and the A&FRC to answer your questions about the relocation process. There have been many changes to the moving process in recent years. Many resources are now online to assist you. Please RSVP to 0049-(0)2451-63-3791 or DSN 458-6015.

Sponsorship Training (GK) A&FRC

Learn helpful ideas on what you can do to assist the person or family you are sponsoring. You'll receive the latest information for your newcomer on a CD; ready for you to mail. [Sponsorship Application & Training \(eSAT\)](#) is the new standard available at Military One Source. You can complete local conditions and pick up the CD for mailing to your newcomer. On first Thursday of the month from 1000-1100. Local conditions training takes less than an hour when you present a training certification from eSAT. Contact GK A&FRC at 0049-(0)2451-63-3791 or DSN 458-6015 for more information.

Welcome Event (GK) Commander's INTRO A&FRC

A must for newly arrived personnel! Family members are highly encouraged to attend this daylong seminar to learn more about German culture, setting up your household and places to visit. Join us 0800-1530 on the third Wednesday of the month. Call 0049-(0)2451-63-3791 or DSN 458-6015 to sign up.

Geilenkirchen City Walking Orientation (GK)

Join us 0900 - 1200 on the third Friday of the month/week of CC Intro, for a walking tour of Geilenkirchen introducing new personnel and their family members to the local area, train and bus stations, grocery store, restaurant, etc. Visit the Friday market and receive a free beverage at a local café. Sign up at the GK A&FRC or call 0049-(0)2451-63-3791 or DSN 458-6015 for more info.

Hot Lunch Specials at Schinnen's Pin Point Café

Featured lunch specials are Chinese on Tuesday, Soup on Wednesday, Taco Salad on Thursday and Fish on Friday. The Pin Point Cafe in the Schinnen Bowling Center is open 11 a.m. to 2 p.m. on Tuesday; 11 a.m. to 2 p.m. and 5 to 8 p.m. Wednesday through Friday; 11 a.m. to 8 p.m. Saturday; 11 a.m. to 4 p.m. Sunday. Call 0031-(0)46-443-7527 or DSN 360-7207.

TGIF Coffee Fridays—ACS

Get-togethers are held the first Friday of every month 10 a.m. to noon at Schinnen ACS, call 0031-(0)46-443-7500 or DSN 360-7500.

Smooth Move Pre-Departure Services –ACS

Wondering how to plan for your PCS move? Who you should notify and what kind of expenses to expect? Your answers are waiting with Relocation Readiness training at Schinnen ACS from 10 to 11:30 a.m. every third Wednesday of the month. Call 31(0)46-443-7500 or DSN 360-7500

Schinnen Bowling Center

Enjoy 12-lanes of bowling, delicious food at the Pin Point Café, a children's play center and an adult recreation room with game machines. Check out our new 42" flat screen monitors and simplified scoring system. If you're looking for a great way to entertain a group of children, ask about our new Theme Bowling Packages. Remember, Sundays are Family Days from 11 a.m. to 4 p.m. when you bowl for only \$1 a game. For details about any of our activities, call 31(0)46-443-7207 or DSN 360-7207.

Get Out and Get Fit

At the Schinnen Fitness Center you can choose from a variety of workouts right for you. Our new schedule of classes is as follows: Tuesday, Body Pump 10 to 11 a.m. and Circuit Training 5:15 to 6:15 p.m.; Wednesday, Zumba 5:30 to 6:30 p.m.; Thursday, Circuit Training 9 to 10 a.m. and Spinning 11:30 a.m. to 12:15 p.m.; Fridays, Circuit Training 1 to 2 p.m. (for three or more by request only). Drop by for pickup basketball games 5 to 7:30 p.m. Fridays and noon to 2:30 p.m. Sundays. Racquetball lessons are available upon request. Center hours are 6 a.m. to 7 p.m. Mon through Fri; 9 a.m. to 5 p.m. Sat, Sun and American holidays. Please call 31(0)46-443-7561.



TRI-BORDER COMMUNITY CALENDAR



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